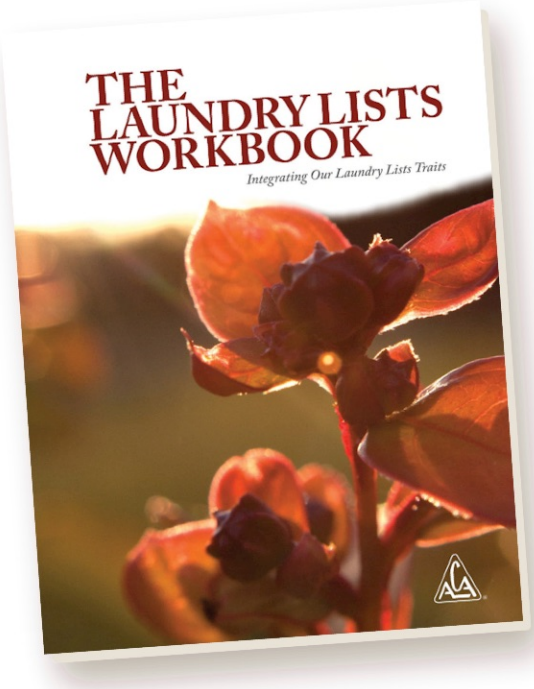
ADULT CHILDREN OF ALCOHOLICS & DYSFUNCTIONAL FAMILIES

12-WEEK WORKSHOP

Laundry List Traits

Workshop



SATURDAYS

March 6 – May 22, 2027

9:30 - 11:00 AM

Quaker Friends Meeting House

225 Rooney St, Santa Cruz

Workbooks available at the workshop

THE 12 SESSIONS

MAR	6	13	20	27
APR	3	10	17	24
MAY	1	8	15	22

Enrollment is open 3 weeks

Come to at least one of the first three sessions (March 6, 13 or 20) to be registered. Enrollment closes after March 20.

Twelve Saturday mornings working through the Laundry List traits, together.

Find this and other local ACA events and meetings at

acasantacruz.com · a community site run by local ACA members